

THE TRANSITION TIMES



George Jeffrey  
Children's Centre  
ENRICHING CHILDREN'S LIVES

ADOLESCENT PROGRAM  
SERVICES



FUTURE  
TRANSITION  
TIMES  
PUBLICATIONS

- March 2017
- June 2017
- September 2017
- December 2017



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TRANSITIONING TOGETHER  
MAKING CONNECTIONS TODAY FOR TOMORROW

The George Jeffrey Children's Centre is hosting its first annual Transition to Adulthood Fair for youth and their families who are preparing for, or are currently engaging in the transition to adulthood process. The purpose of the Fair is to connect youth and their families with the different adult agencies in our community and to help determine which services will be available to them as adults. Specific information for the Fair is as follows:

**DATE:** Tuesday, April 25, 2017

**TIME:** 1:00pm – 7:00pm

**WHERE:** George Jeffrey Children's Centre

**WHO:** The Fair is open to all families of youth who are transitioning to adult services (not just clients at the George Jeffrey Children's Centre)

During the Fair, various agencies from Thunder Bay will be present to provide information about their organization and answer any questions from youth and their families. Organizations such as Options and March of Dimes will be in attendance. There will also be representation from agencies that support employment, social activities and recreation, independent living and housing, education, First Nations services, and outpatient therapy for adults in the city.

If you have any questions or would like further details about the Fair, please talk to one of your adolescent therapists!



## FINANCIAL INFORMATION

During the last round of goal setting meetings we had a lot of questions about the available financial options for families and their youth. This is a relatively common question from families and as a result the Social Work Department at the Centre has developed a resource manual for families outlining different finding resources. The title of the resource is the “*Manual of Funding Sources to Assist Families*” and can be found on the George Jeffrey website ([www.georgejeffrey.com](http://www.georgejeffrey.com)) in the family resource section. The manual contains information about a variety of funding options including:

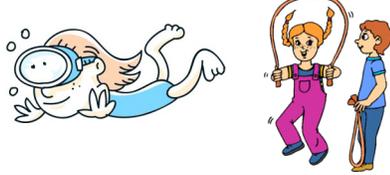
- Government sources for funding
- Specialized equipment
- Diagnosis specific funding
- In home funding
- Community support services
- Wish granting



If after you have reviewed the manual and have questions, please do not hesitate to contact your therapist to set up a meeting with a member of the social work department!

## KIMS CORNER

The March Break Programming is back by popular demand! Below are the scheduled events for the recreation programming for youth age 11-19 at the GJCC over the March Break.

	TUESDAY MARCH 14	WEDNESDAY MARCH 15	THURSDAY MARCH 16
<b>Time:</b> 1-3pm	<p><b>Wood Working</b> Location: George Jeffrey Children's Centre</p> 	<p><b>Swim &amp; Gym</b> Location: George Jeffrey Children's Centre</p> 	<p><b>Outdoor Fun</b> Location: Centennial Park</p> <p>Tobogganing &amp; Snowshoeing</p> <p><small>*Bring your own sled. Snowshoes are provided.</small></p>

Please bring a snack, swimsuit, towel, running shoes and/or winter apparel depending on the activity for which you have registered.

If your child requires assistance to participate in physical activity, a support person must attend.

**Please contact Kim Sjolund at 623-4381 ext. 6803 to register!**

## GRADUATION SPOTLIGHT

### GRADUATE: ALEXA KELOS



**BEEN WITH GEORGE JEFFREY CHILDREN'S CENTRE SINCE:** I started when I was very young, about two years old.

**FUTURE PLANS:** After high school I plan on going to Confederation College in the CICE program to study Early Childhood Education. I would like to work with little children. I also want to travel to Paris and Rome and camp with my parents.

**FAVOURITE GEORGE JEFFREY CHILDREN'S CENTRE MEMORY:** I liked getting together with my friends and eating pizza at the PALS group. I also enjoyed the arts and crafts programs they put on.

**ADVICE FOR ANYONE NEW TO THE ADOLESCENT PROGRAM:** Join the PALS program and have fun.

### GRADUATE: COLIN COOK



**BEEN WITH GEORGE JEFFREY CHILDREN'S CENTRE SINCE:** I have been a client of the centre for 17 years!

**FUTURE PLANS:** I plan on graduating from the Business – Accounting program at Confederation College and start a great career within the accounting field. My goal is to get my ACAF certificate and hopefully my CPA designation.

**FAVOURITE GEORGE JEFFREY CHILDREN'S CENTRE MEMORY:** My favorite memory of going to the centre was doing obstacle courses in physiotherapy with Pascuale when I was younger. I also enjoyed talking about hockey with various staff members whenever I came to the centre.

**ADVICE FOR ANYONE NEW TO THE ADOLESCENT PROGRAM:** I would strongly suggest to never give up on your hopes and dreams. You can always do more than you think. You never know what you can accomplish in life!

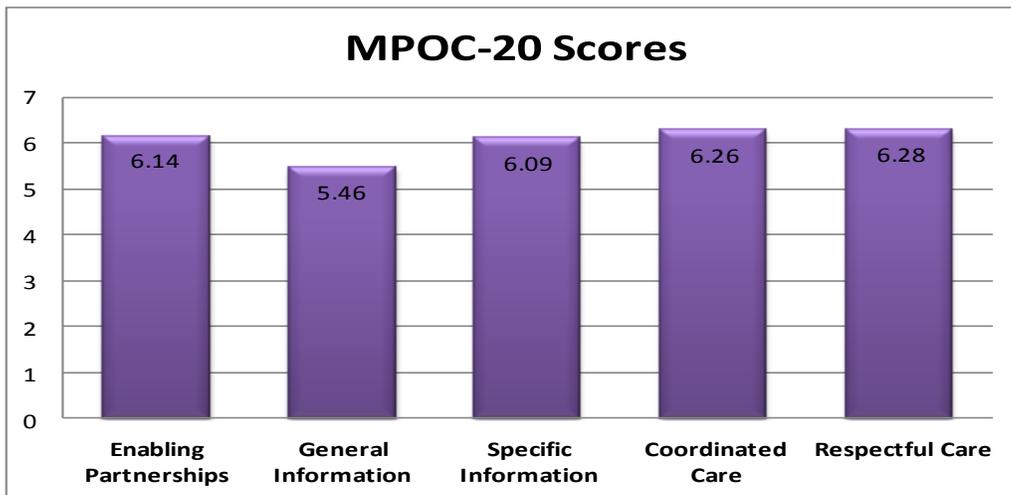
From all of us at George Jeffrey Children's Centre, congratulations on graduating from the Adolescent Program! If you are graduating soon and would like to be featured in an upcoming newsletter, please contact your clinician for more information.

## FAMILY SATISFACTION SURVEYS

Each year the Adolescent Program provides families with the Measure of Process of Care—20 (MPOC-20). The MPOC-20 is a questionnaire that measures the experiences of parents accessing rehabilitation services. Specifically, it examines how family centred a program or organization is being. The MPOC-20 uses a 7 point scale where 1 indicates that caregivers needs are nearly never met, and a score of 7 indicates the needs are being met to a great extent. Finally, information is organized into 5 separate domains:

1. Enabling Partnerships
2. Providing General Information
3. Providing Specific Information
4. Coordinated and Comprehensive Care
5. Respectful and Supportive Care

For the past three years the Adolescent Program has been providing the MPOC-20 to families to complete and send back to the Centre to be analyzed. In total, 57 MPOC-20s have been analyzed. The following are the results.



### UPCOMING EVENTS

- **March 2 —PALS Master Chef Event at the RFDA 4:30 – 6:00pm**
- **April 6 – PALS from 4:30-6:00pm at the Centre**
- **May 4 – PALS from 4:30-6:00 pm at the Centre**
- **May 3 & 4 - Bike clinic at the Centre, 1-7pm. Call the Centre to book an appointment.**

Based on the information obtained from the MPOC-20s the Adolescent Program has implemented a variety of changes/initiatives to the program. These include; the Parent Group, Transition out of the Adolescent Program Presentation, the Transition Times, and the Transition Fair. As we continue to receive more MPOC-20s and analyze them, we will continue to make changes to the program to better suit the needs of our families and the youth we serve.

We would like to thank all of you who took the time to complete an MPOC-20 over the years. The information you provided is extremely valuable and will continue to shape the Adolescent Program as it strives to work in a family centred manner.